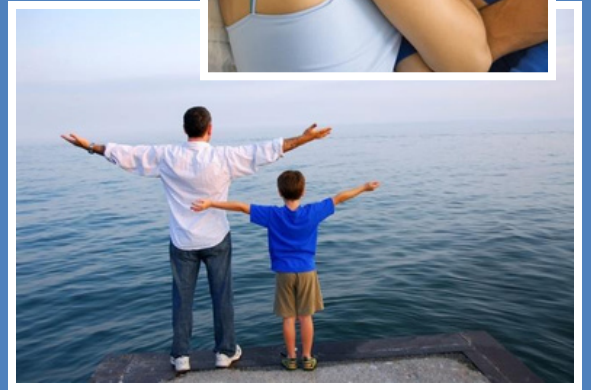
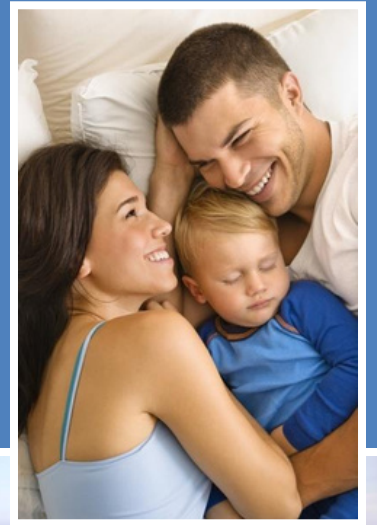




Mars Venus
EXECUTIVE COACHING



MARS VENUS
COACHING



LIFE COACHING WORKSHOPS

Section 4 –Life Workshops

Mars Venus –The Secrets of Successful Relationships”

An intensive one day workshop based on the relationship strategies contained in Dr. John Gray’s book, “Men Are From Mars and Women Are From Venus”.

This challenging and exciting workshop is presented with video clips from some of Dr. Gray’s former sessions or workshops, theory, skills and interactive workshop exercises. You’ll receive strategies, tips, and the tools you’ll need to create great relationships.

The workshop will provide you with practical ideas and proven relationship strategies that can be immediately applied to your own situation. You’ll participate in practical exercises designed to help you create lasting and loving relationships.

You’ll learn:

- How to communicate with the opposite sex
- How to increase self esteem and confidence
- How to ‘score points’ with the opposite sex
- How to balance your work and personal life
- How to increase your personal and professional growth
- How to let go of the anger, sadness, fear, and/or guilt that keeps you from attracting and creating empowering relationships
- How to make sense out of confusing emotions that inhibit true intimacy



Mars Venus –“Advanced Secrets of Successful Relationships”

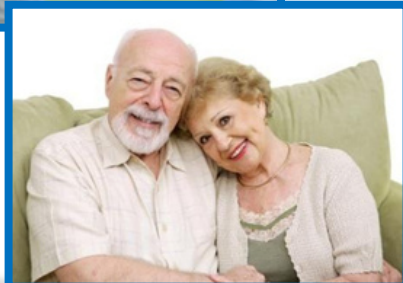
Based on the relationship strategies contained in Dr. John Gray’s book, “Men Are From Mars and Women Are From Venus”, this is an intensive, but entertaining, two day workshop. You’ll spend two, fun-filled days in a safe environment learning how to achieve a lasting and loving relationship.

Like the one day workshop, these sessions also presented with video clips from some of Dr. Gray’s former sessions or workshops, theory, skills and interactive workshop exercises. You’ll receive strategies, tips, and the tools you’ll need to create great relationships. You’ll additionally be given information on anger management.

This in depth workshop will provide you with practical ideas and proven relationship strategies that can be immediately applied to your own situation

You’ll learn:

- How to communicate with the opposite sex
- How to increase self esteem and confidence
- How to ‘score points’ with the opposite sex
- How to balance your work and personal life
- How to increase your personal and professional growth
- How to let go of the anger, sadness, fear, and/or guilt that keeps you from attracting and creating empowering relationships
- How to release the emotional baggage from the past that has been blocking your path to successful relationships
- How to make sense out of confusing emotions that inhibit true intimacy



Section 4 –Life Workshops

Mars Venus –“On a Date”

The new challenge of dating is to find a partner who will not only be supportive of our physical needs for survival and security, but will also support our emotional, mental, and spiritual needs as well. It is no longer enough to just find someone who is willing to marry us –we want partners who will love us more as they get to know us. We want to live happily ever after. In order to find and recognize partners who can fill our new needs for increased intimacy, good communication, and a great love life –we need to update our dating skills.

The Mars Venus “On a Date” workshop is designed for singles and dating couples who are interested in finding true and lasting love. Married couples who want to rekindle the romance of dating will also benefit greatly from this practical guide. By reviewing the elements of a great date and putting them into practice, you can once again experience the passion and romance experienced at the beginning of the relationship. The workshop contains a mix of video clips of Dr. Gray, theory, skills, and workshop exercises that make Mars Venus workshops so successful.

You'll learn:

- How to successfully navigate through the five stages of dating
- How to attract the right person for you
- How to make sure you don't unwittingly turn off the opposite sex
- How to make sure your partner stays interested
- Warning signals to avoid getting involved with the wrong person
- How to bring out the best in your partner
- When and how to create the four levels of intimacy –physical, emotional, mental, and spiritual
- How to make up, so you don't break up
- The different reasons men and women decide to get married
- How to prepare for a marriage made in heaven



Mars Venus –“Starting Over”

With the loss of love, our lives are immediately transformed. Starting over, we are suddenly faced with the rest of our lives, and we have no idea what to do. We are stripped of what is most familiar to us with little knowledge of what comes next. Facing this new challenge, we have practically no experience to guide us. Our minds are filled with questions, and our hearts with pain.

Starting again after a painful breakup, a divorce, or the loss of a loved one can be the most challenging experience of a lifetime. Based on Dr. John Gray's book, “ Mars and Venus, Starting Over”, this workshop provides guidance and comfort to those who find themselves single again. Drawing on his insights derived from over 28 years of counseling thousands of men and women, “Starting Over” opens the door to finding a rich and fulfilling lifetime of love once again.

You'll learn:

- Starting over•Finding forgiveness
- Why does it hurt so much?• Processing our hot spots
- Grieving the loss of love• 101 ways to heal our hearts
- Getting unstuck• Challenges for men in starting over
- The feeling better exercise• Challenges for women in starting over
- Good endings make good beginnings



Section 4 –Life Workshops

Mars Venus –“Children Are From Heaven”

Based on Dr. John Gray’s brilliant, original, and effective system that he calls positive parenting, the “Children Are From Heaven” workshop covers the different skills of positive parenting to help improve communication, increase cooperation, and motivate your children. “Children Are From Heaven” is a broad but practical philosophy of parenting that works at any age.

With a mix of video clips from Dr. Gray’s workshops, theory, skills, and workshop exercises that have made the relationship workshops so popular, this groundbreaking workshop gives you an effective alternative to traditional parenting skills.

The foundation of this new approach is composed from the five positive messages your children need to learn again and again:

- It’s OK to be different
- It’s OK to make mistakes
- It’s OK to express negative emotions
- It’s OK to want more
- It’s OK to say ‘no’, but remember -Mom and Dad are the bosses



How To Get What You Want at Work

This workshop covers a number of practical and important considerations in dealing with life in the workplace. We’ll explore building rapport and the value of rapport in leading to workplace successes. The art and science of respecting the abilities of your team and how to respond to comments from co-workers. Praise is discussed and how (and when) praise can be used to fuel the response you want.

You’ll learn:

- Martian/Venusian characteristics
- Caves
- Stress
- Taking credit
- Simple tips
- Different approaches
- Asking for assistance



Section 4 –Life Workshops

DISC Profiling

The tests classify four aspects of behavior by identifying a person's preferences in work associations. DISC is an acronym for:

Dominance relating to control, power and assertiveness

Influence relating to social situations and communication

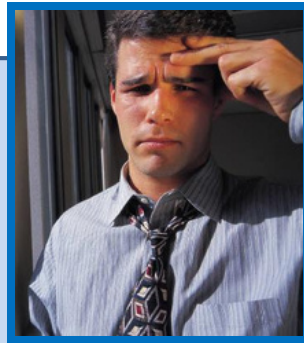
Steadiness relating to patience, persistence, and thoughtfulness

Conscientiousness relating to structure and organization

The workshop will enable you to understand your style, the style of others, and what to do to be effective when there is a difference (or it's the same). Additionally, this in depth workshop will provide you with practical ideas and proven strategies that can be immediately applied to your own situation.

You'll learn:

- About yourself: your strengths and weaknesses
- About the four aspects of human behavior
- What your primary behavior means
- The profile attributes of the four styles
- Do-s and don'ts of interaction between styles
- The best ways to handle each behavioral type
- Profiling in a team



How Men and Women Cope With Stress Differently

Based on Dr. John Gray's newest book, *Why Mars & Venus Collide*.

This workshop is a fun, entertaining, and informative look at stress, including:

- The negative affects of adrenaline and cortisol.
- Why men and women respond to stress differently.
 - Practical ideas that can help men and women reduce stress for each other and themselves.
- The role of testosterone and oxytocin in reducing stress.

This is a great workshop for individuals or couples alike.

Materials *

Books, DVDs and CDs

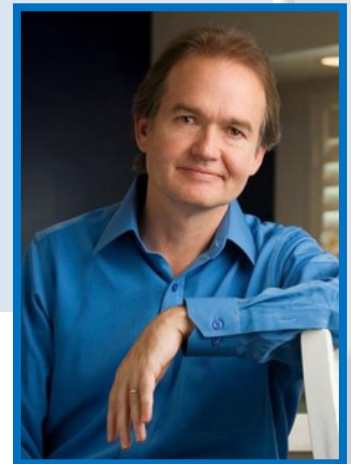
We have a large selection of books, DVDs, and CDs, which are used in conjunction with our service offerings. The following is a sample of those offered at seminars, workshops, and to corporations or individuals as a part of their ongoing education and coaching programs.

AUDIO

12 CDs –Personal Success
12 CDs –Secrets of Successful Relationships
CD –Secrets of Keeping the Romance Alive
CD –Secret Tips to Personal Success

BOOKS

How to Get What You Want at Work
How to Get What You Want and Want What You Have
Men Are From Mars and Women Are From Venus
Mars and Venus in the Bedroom
Mars Venus Diet and Exercise Solutions
Children Are From Heaven
Mars and Venus On A Date
Mars and Venus Together Forever
Mars and Venus In Love
Men, Women and Relationships
Mars and Venus Starting Over
Practical Miracles
What You Feel You Can Heal



* Training and Support materials as well as Seminar and Workshop offerings are subject to change from time to time and without prior notice.



The Executive Team behind Mars Venus Coaching has extensive experience in business and wealth creation, sales and marketing, franchising, and event management.

A Sampling of Worldwide Clients

Allstate Insurance • American Airlines • American Medical Psychotherapists • Anderson Air Force Base • Ansett Airlines • Anthony Robbins • ANZ Bank • AT&T • Australian Business Women's Network • Australian Customs Service • Australian Geographic • Boeing Co • Borders Bookstore • Bunnings • Children's Television Network - New York • Coors Brewing Corp • Criminal Justice Centre • Daimler-Chrysler • Ericsson Australia Pty Ltd • Father Riley, Youth Off The Streets • Ford Australia • International Management Group • Investment Company Institute • Johnson & Johnson • Just Add Water Group • Kmart • Lucent Technologies • McDonald's • Merck Pharmaceuticals • Myer Grace Bros • National Australia Bank • New Zealand Women in Business • Nokia • Nightingale-Conant • NSW Public Works • Oprah Winfrey (Harpo Inc) • OPSM • Oracle Corporation • Police Department • Princess Cruise Lines • Q Link • Reynolds Automation Controls • Sheraton Towers International • Singapore Government • Society Of Human Resource Managers • Soho – Singapore • Southwest Airlines • Sportspak Sign Group Pty Ltd • Success Resources – Malaysia • Success Resources – Singapore • Swinburne University • Swisse Vitamins • TAFE College • The Media Suite • The Rotary Club • Tilley Soaps • Toyota Australia • Toys R Us • US Army • US Coast Guard • Victoria Police Force • Vigor International – Hong Kong • Walt Disney Corporation • Women's Business Council • Yih Dah Co Ltd – Taiwan • Karco Accountants "India Times" • QC Seminars • Price Attack • BLM Korea • Ace Body Corporate, High-performance Rome • Mercedes Benz • Corporate Strategies Australia • The Leadership Consortium





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